



Journey to SEA 2027

Weekly Study Schedule

**23rd August 2026
to
20th March 2027**

A WERD Coach Youth Resource Created by
Shelley-Ann Edwards-Barran





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MEET THE STUDY GUIDE CREATOR

Shelley-Ann Edwards-Barran is an educator who is committed to helping students develop the skills, confidence, and strategies needed to succeed in comprehension and writing. Her lessons incorporate visual, interactive, and hands-on learning experiences that support a wide range of learners. She believes that multisensory input creates stronger understanding, increased engagement, and positive learning outcomes.

As the founder of WERD Coach, she has experience teaching learners from primary school to university level. In addition to working directly with students, she has supported teachers and educational leaders through training and professional development initiatives.

Through the Journey to SEA 2027 programme, she combines her expertise in comprehension and creative writing with structured instruction, purposeful practice, and meaningful feedback. Her goal is to help students not only prepare for SEA, but also become confident, capable learners who can think critically, communicate effectively, and apply their skills beyond the examination room.

About WERD Coach Youth

WERD Coach Youth, a division of WERD Coach Limited, is dedicated to helping young learners develop confidence, competence, and a love for learning. With a focus on literacy, critical thinking, communication, and creativity, WERD Coach Youth provides a supportive environment where learners are encouraged to explore their potential, strengthen their abilities, and become confident participants in their own learning journey.



TIME COMMITMENT

Studying for an exam is more than simply completing exercises. It's all about understanding what the exam requires and having a plan to make the most of the skills learnt during preparation.

This means students often need to study on their own in addition to what their teachers cover.

A schedule should be created so that there's a balance between revision and practice.

SEA sections in ELA include:

- Section 1 - Spelling, Punctuation & Capitalisation, Grammar
- Section 2 - Reading Comprehension - (Fiction or Nonfiction Passage, Poem, Graphic)
- Section 3 - Creative Writing (Narrative or Report)

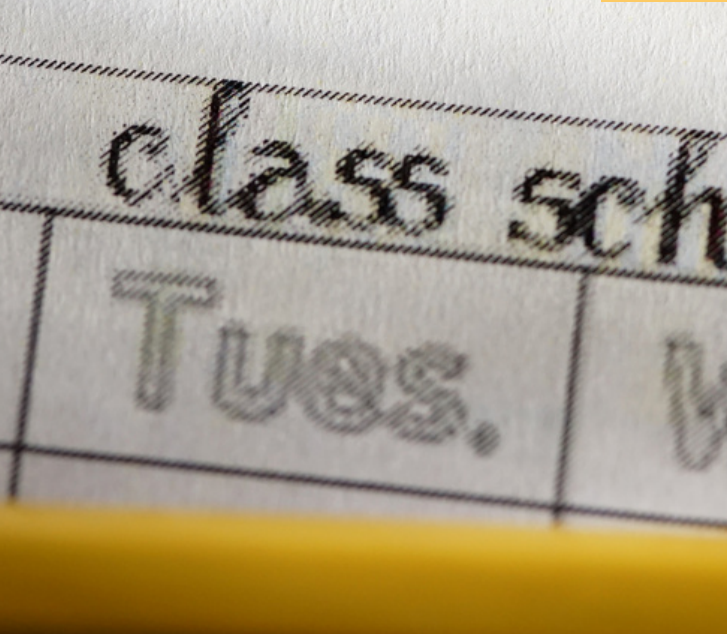
Commit to 3 sessions a week per section.

- Session 1 = 20 to 30 minutes: review concepts
- Session 2 = 20 to 30 minutes: worksheets, guided practice
- Session 3 = 40 to 60 minutes: independent practice

At WERD Coach Youth, we provide resources, courses, and support for comprehension and creative writing. Check out our worksheets and other materials <https://werdcoach.com/shop/>.



TIME MANAGEMENT STRATEGY



Sometimes it's challenging to get a student settled and focused during study time, and that often leads to time being wasted instead of spent on what matters most - revision and practice.

Schedules provide topics and time management strategies like the Pomodoro Technique.

This method was developed by Francesco Cirillo in the late 1980s. Named after the Italian word for "tomato" (inspired by the tomato-shaped kitchen timer Cirillo used), the technique breaks work into intervals, traditionally 25 minutes in length, separated by short breaks. These intervals are known as "Pomodoros."

#	Total Study Time	Pomodoros	Best For
1	30 mins (with a 5-min break *actual study time - 25 min	5 mins	Quick review or homework check
2	60 mins (with 2 x 5-min breaks) *actual study time 50 min	10 mins	Light study days or subjects they enjoy
3	90 mins (with 3 x 5-min breaks) *actual study time 75 mins	15 mins	A full but manageable session for most children
4	120 mins (with 4 x 5-min breaks) *actual study time 90 mins	20-30 mins	Advanced learners or weekend/holiday revision



APPLYING THE POMODORO

1. Set Clear Goals: Before starting, sit with your child to decide what should be achieved during their study sessions. Whether it is identifying the main idea in a comprehension passage, planning and writing a narrative, or completing a report writing activity, having a clear goal for each session will create a sense of purpose which helps learners make the best of their study time.

2. Use a Timer: Set a timer for 25 minutes (or a shorter time if your child is just starting out). During this time, encourage your child to focus solely on their study task without any distractions.

3. Take a Break: Once the timer goes off, it's time for a 5-minute break. Use this time to stretch, grab a healthy snack, or simply relax. It's important for the break to be screen-free to rest their eyes and mind, and to include some movement to increase blood flow to the brain so the child returns to study feeling refreshed, more alert, and ready to focus again.

4. Repeat the Cycle: After the break, set the timer again for another 25-minute study session. Repeat this cycle for four Pomodoros, then take a longer break of 15-30 minutes.

5. Celebrate Small Wins: After completing a full cycle of four Pomodoros, celebrate your child's effort! Maybe a small treat, an extra 10 minutes of playtime, or simply a hug and a few words of praise, "I'm so proud of you for getting your work done!" Celebrate their hard work to reinforce positive behaviour and increase motivation.



MOVING WHILE LEARNING

Physical movement is an important part of a balanced study routine, helping children feel refreshed, alert, and ready to focus.

1. Get Moving Before Studying: A short period of physical activity can help children feel more alert and ready to focus. Try a brisk walk, dancing, skipping or a few minutes of active play before settling down to study.

2. Take Active Study Breaks: Encourage children to move during their study breaks instead of simply switching to another screen. Stretching, walking around, dancing or doing a few simple exercises can help them return to their work refreshed.

3. Add Movement to Learning: Studying does not always have to mean sitting still at a desk. Children can walk while reviewing information, use gestures to remember ideas, act out vocabulary or move between different learning activities.

4. Make Time for Regular Exercise and Play: Exercise, sport and active play should remain part of a child's routine, even during periods of intense SEA preparation. Making time for physical activity gives children opportunities to move, play and recharge alongside their studies.

5. Balance Study Time with Movement: More time sitting at a desk does not automatically mean more effective learning. Build movement into the study schedule alongside focused practice, breaks and rest to create a more balanced approach to SEA preparation.



MOVING WHILE LEARNING

The resources below explore the connection between physical activity, children's wellbeing, and learning. They offer research and practical perspectives on why movement should remain an important part of a child's daily routine.

[From Schoolyard Games to Couches: Why Play Belongs at the Heart of Public Health](#)

Explore how traditional Caribbean games once kept children naturally active and how childhood has become increasingly sedentary. Discover why bringing active play back into children's lives matters for their health and wellbeing.

[6 Ways Daily Physical Activity Benefits Kids – HealthyChildren.org](#)

This article explores the physical and mental benefits of daily activity for children, including reduced stress and improved health. It also highlights how regular physical activity can help children focus and concentrate during learning.

[The Effects of Physical Activity on Academic Performance in School-Aged Children – Systematic Review](#)

This research article examines findings from 19 studies involving 6,788 school-aged children to explore the relationship between physical activity and academic performance. The findings suggest that physical activity does not negatively affect academic performance and, in some circumstances, may improve it.

Journey to SEA 2027

Weekly Study Schedule

- **Report Writing**
- **Narrative Writing**
- **Comprehension**

NOTES:

1. There are 30 consecutive weeks in this study schedule.
2. The schedule follows a cycle of repetition and review designed to reinforce key skills throughout the programme.
3. Students who practise each subject at least 3 times per week and get personalised feedback they act upon will get the best results.

STUDY SCHEDULE 1

Week 1: August 23, 2026 - August 29, 2026

- **Report Writing:** Rubrics, Definition, & Creating a Study Schedule
- **Narrative Writing:** Rubrics, Definition, & Creating a Study Schedule
- **Comprehension:** Exam Format, Types of Texts, & Types of Questions

Week 2: August 30, 2026 - September 5, 2026

- **Report Writing:** Grading Rubrics, Definition & Types of Reports
- **Narrative Writing:** Grading Rubrics, Definition & Expectations
- **Comprehension:** Understanding Context & Context Clues

Week 3: September 6, 2026 - September 12, 2026

- **Report Writing:** Analysing Report Prompts & Planning Reports
- **Narrative Writing:** Analysing Narrative Prompts & Plotting Narratives
- **Comprehension:** Definition & Format of Nonfiction Comprehension

Week 4: September 13, 2026 - September 19, 2026

- **Report Writing:** Practise Planning Reports & Generating Ideas
- **Narrative Writing:** Practise Plotting Stories - Generating Ideas
- **Comprehension:** Nonfiction - Main Ideas, Supporting Details, & Purpose

Week 5: September 20, 2026 - September 26, 2026

- **Report Writing:** Report Introductions - Purpose & What's Needed
- **Narrative Writing:** Narrative Introductions - Purpose & Hooks
- **Comprehension:** Nonfiction - Skimming & Scanning for Information

Week 6: September 27, 2026 - October 3, 2026

- **Report Writing:** Precisely Answering - Who, What, Where, and When
- **Narrative Writing:** Character Descriptions in Narrative Introductions
- **Comprehension:** Understanding & Answering Nonfiction Questions

STUDY SCHEDULE 3

Week 7: October 4, 2026 - October 10, 2026

- **Report Writing:** Transition Words & Phrases, & Maintaining Past Tense
- **Narrative Writing:** Setting Descriptions in Narrative Introductions
- **Comprehension:** Definition & Format of Fiction Comprehension

Week 8: October 11, 2026 - October 17, 2026

- **Report Writing:** The Right Details for Paragraph 2 - Before the Situation
- **Narrative Writing:** Suspense at the End of Narrative Introductions
- **Comprehension:** Fiction - Characters, Plot, Emotions, & Behaviour

Week 9: October 18, 2026 - October 24, 2026

- **Report Writing:** Observable Facts versus Assumptions & Generalisations
- **Narrative Writing:** Starting the Rising Action with Conflict
- **Comprehension:** Understanding & Answering Fiction Questions

Week 10: October 25, 2026 - October 31, 2026

- **Report Writing:** The Right Details for Paragraph 3 - Explaining the Situation
- **Narrative Writing:** Using Reactions to Build Tension
- **Comprehension:** Definition & Format of Poetry Comprehension

Week 11: November 1, 2026 - November 7, 2026

- **Report Writing:** Using Reported (Indirect) Speech to Add Details
- **Narrative Writing:** Believable Characters - Descriptions & Dialogue
- **Comprehension:** Poetry - Imagery, Meaning, & Figurative Language

Week 12: November 8, 2026 - November 14, 2026

- **Report Writing:** The Right Details for Paragraph 4 - Ending the Situation
- **Narrative Writing:** Believable Setting - Descriptive Language & Time
- **Comprehension:** Understanding & Answering Poetry Questions

STUDY SCHEDULE 4

Week 13: November 15, 2026 - November 21, 2026

- **Report Writing:** Keeping Details in Context - Situation & Time
- **Narrative Writing:** Making the Climax Exciting & Need for Intervention
- **Comprehension:** Definition & Format of Graphic Comprehension

Week 14: November 22, 2026 - November 28, 2026

- **Report Writing:** The Right Details for Paragraph 5 - Ending Effectively
- **Narrative Writing:** Ending the Story Effectively & Resolving Conflict
- **Comprehension:** Graphics - Words, Visual Elements, Different Types

Week 15: November 29, 2026 - December 5, 2026

- **Report Writing:** Complete Report Writing Practice
- **Narrative Writing:** Complete Narrative Writing Practice
- **Comprehension:** Understanding & Answering Graphic Comprehension

Week 16: December 6, 2026 - December 12, 2026

- **Report Writing:** Feedback & Timed Report Writing Attempt 1
- **Narrative Writing:** Feedback & Timed Narrative Writing Attempt 1
- **Comprehension:** Mixed Comprehension Practice - Nonfiction & Fiction

Week 17: December 13, 2026 - December 19, 2026

- **Report Writing:** Feedback & Timed Report Writing Attempt 2
- **Narrative Writing:** Feedback & Timed Narrative Writing Attempt 2
- **Comprehension:** Mixed Comprehension Practice - Poetry & Graphics

Week 18: December 20, 2026 - December 26, 2026

- **Report Writing:** Review Plan for Next Term & Take a Break
- **Narrative Writing:** Review Plan for Next Term & Take a Break
- **Comprehension:** Review Plan for Next Term & Take a Break

STUDY SCHEDULE 5

Week 19: December 27, 2026 - January 2, 2027

- **Report Writing:** Review SEA Report Writing Requirements
- **Narrative Writing:** Review SEA Narrative Writing Requirements
- **Comprehension:** Review SEA Comprehension Requirements

Week 20: January 3, 2027 - January 9, 2027

- **Report Writing:** Analysing Reports 1 - Incidents, Accidents, & Disasters
- **Narrative Writing:** Analysing Stories 1 - Realistic, Adventure, & Thriller
- **Comprehension:** Review SEA Past Paper Answers - 2021 to 2023

Week 21: January 10, 2027 - January 16, 2027

- **Report Writing:** Analysing Reports 2 - Events, Activities, & Competitions
- **Narrative Writing:** Analysing Stories 2 - Fantasy, Science Fiction, & Folklore
- **Comprehension:** Review SEA Past Paper Answers - 2024 to 2026

Week 22: January 17, 2027 - January 23, 2027

- **Report Writing:** A Closer Look at Incident & Accident Reports, Timed Writing
- **Narrative Writing:** A Closer Look at Realistic Stories & Timed Writing
- **Comprehension:** Focused Review on Nonfiction

Week 23: January 24, 2027 - January 30, 2027

- **Report Writing:** Feedback, Revising, & Rewriting Reports
- **Narrative Writing:** Feedback, Revising, & Rewriting Narratives
- **Comprehension:** Focused Review on Fiction

Week 24: January 31, 2027 - February 6, 2027

- **Report Writing:** A Closer Look at Activity & Event Reports, Timed Writing
- **Narrative Writing:** A Closer Look at Fantasy Stories & Timed Writing
- **Comprehension:** Focused Review on Poetry

STUDY SCHEDULE 6

Week 25: February 7, 2027 - February 13, 2027

- **Report Writing:** Feedback, Revising, & Rewriting Reports
- **Narrative Writing:** Feedback, Revising, & Rewriting Narratives
- **Comprehension:** Focused Review on Graphics

Week 26: February 14, 2027 - February 20, 2027

- **Report Writing:** Review Report Past Papers, Timed Writing & Feedback
- **Narrative Writing:** Review Narrative Past Papers, Timed Writing & Feedback
- **Comprehension:** Combined Comprehension Practice 1 & Feedback

Week 27: February 21, 2027 - February 27, 2027

- **Report Writing:** Targeted Focus on Skill Development
- **Narrative Writing:** Targeted Focus on Skill Development
- **Comprehension:** Combined Comprehension Practice 2 & Feedback

Week 28: February 28, 2027 - March 6, 2027

- **Report Writing:** Review Report Past Papers, Timed Writing & Feedback
- **Narrative Writing:** Review Narrative Past Papers, Timed Writing & Feedback
- **Comprehension:** Targeted Practice Based on Review Results

Week 29: March 7, 2027 - March 13, 2027

- **Report Writing:** Targeted Focus on Skill Development
- **Narrative Writing:** Targeted Focus on Skill Development
- **Comprehension:** Review SEA Comprehension Exam Format & Timed Practice

Week 30: March 14, 2027 - March 20, 2027

- **Report Writing:** Focus on Report Writing Exam Strategies
- **Narrative Writing:** Focus on Narrative Writing Exam Strategies
- **Comprehension:** Focus on Comprehension Exam Strategies

STUDY SCHEDULE 7

***TENTATIVE SEA 2027 DATE: March 25, 2027**

(Note: This is an estimated date, and is simply a “best guess”.
The actual date will be published by the MOE and may differ.)

CONTACT INFORMATION

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**“The future belongs to those who
believe in the beauty of their dreams.”**

- Eleanor Roosevelt

